



Seminar - The Introverted Leader: Building on Your Quiet Strength

This high impact, full day seminar blends presentation and high engagement to provide a comprehensive learning experience. It is based on its companion book, *The Introverted Leader*. Topics include:

- **Still Waters Run Deep**

Through examples and interaction you will deepen your understanding of introverted leaders. Who are well known examples? What do the statistics reveal about introverted leaders? What are their key characteristics and strengths? What are the challenges they face in today's organizations?

- **The 4 P's**

This leadership roadmap is based on our research with successful introverted leaders. You will learn to apply the 4 P's (Preparation, Presence, Push and Practice) to leverage your leadership strengths.



- **A Deeper Dive**

We take the 4 P's and look at how to apply them through analysis of a leadership case study. Through demos and practice, you will learn how to apply the 4 P's to successful networking.

- **Action Planning: Setting Yourself Up For Success**

You will create a short-term action plan. A post-seminar group coaching session 2 weeks later is offered. It will help to reinforce seminar concepts and you will share solutions and accomplishments.

Jennifer B. Kahnweiler, Ph.D., Certified Speaking Professional, is a global speaker and bestselling author known as the "Champion of Introverts." Her books include *The Genius of Opposites*, *Quiet Influence* and *The Introverted Leader*, and have been translated into 15 languages. Jennifer has worked with hundreds of organizations including GE, NASA and the US Embassy in Vietnam. She is a member of the American Management Association and has been featured in *Forbes*, *Time*, and *The Wall Street Journal*.

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